AlloSchool

English : Common Core Classes

Unit 3 (Food) - Reading

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Summary

I- Food 4 thought

II- A second helping

III- Food around the world

I- Food 4 thought

Text

Liz and her family want to try Moroccan couscous. So, I need to write my shopping list. I have some tomatoes, some onions and some carrots. I have some pumpkin, too, but I don't have any turnips. I don't have any courgettes, either. As for meat, there is some chicken in the fridge, but Chris doesn't like chicken. So I need to go to the butcher's to buy some beef.

I also need some spices. I have some cumin and some saffron, but there isn't any pepper in the spice rack.

I think this is all I need for couscous. Oh, wait! I don't have any chickpeas. I love chickpeas in couscous.

Now my shopping list is ready.



Comprehension

- Maria wants to prepare couscous for the Dickens. Read the text and check the items she needs to buy for couscous :

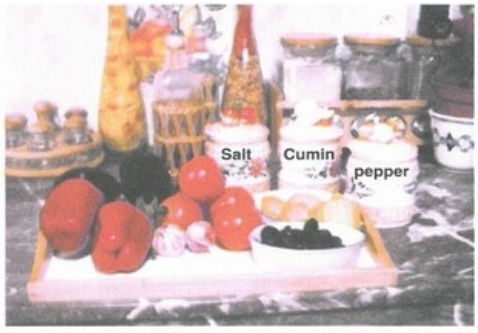
☐pumpkin - ☐saffron - ☐tomatoes - ☐turnips - ☐beef - ☐carrots - ☐chicken - ☐courgettes - ☐cumin - ☐chickpeas - ☐onions - ☐pepper

II- A second helping

Text

Ingredients

- 1 kg of aubergines
- 500 g of tomatoes
- 5 to 6 cloves of garlic
- 5 tablespoons of olive oil
- 1 tablespoon of lemon juice
- 1 tablespoon of red pepper
- 1 tablespoon of cumin
- Salt
- Half tablespoon of pepper
- Black olives
- Preserved lemon



Comprehension

- The steps of the preparation are scrambled. Put them in the correct order. Write 1 to 6 in the boxes :

a. Leave it to cool and serve in saucers.

b. Cook them for 5 minutes in a pan with oil, red pepper, cumin, garlic, salt and lemon juice.

c. Wash the tomatoes and cut them into pieces.

d. Add them to tomatoes and crush them all while stirring up on a little fire for 15 to 20 minutes.

e. Cut non-peeled aubergines in big pieces into salty water and cook for 30 minutes.

f. When the aubergines are almost cooked, drain and press them to extract water.

III- Food around the world

Text



Hi! I'm Jane. This is my diet:

For breakfast, I sometimes have a glass of orange juice with cereal and milk, and a piece of fruit. When I am hungry, I have a piece of toast, with a little butter and jam on it. Sometimes I have scrambled eggs. I usually prepare my omelet with a little cheese and a few mushrooms on it.

I usually have lunch at work. Very often, it is a sandwich with turkey or cheese and lettuce and tomatoes. Sometimes I spread a little mayonnaise on the bread. I rarely have peanut butter and jelly sandwiches. For dessert, I usually take an apple, a few strawberries, or grapes.

Dinner is my big meal. I usually have steaks or hamburgers with a salad, but I sometimes have chicken with a vegetable like broccoli or potatoes. My evening dessert is usually ice-cream. I never drink soda; tea with a little milk is my favourite drink.

Comprehension

- Write "True" or "False" :

a. Jane sometimes has a toast with a lot of butter and jam : _____

b. She never has cheese in the morning : _____

c. She never takes lunch at home : _____

d. She sometimes puts a lot of mayonnaise in her sandwiches : _____

e. For dinner, she usually has a steak and a hamburger : _____