



English: 1st Year College

Unit 2 (They're happy now!)

Reading (a poem)

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Summary

I- Activities

1-1/ Activity 1

1-2/ Activity 2

1-3/ Activity 3

II- Practice

2-1/ Exercise 1

2-2/ Exercise 2

2-3/ Exercise 3

I- Activities

1-1/ Activity 1

Read and listen to the poem :

My Feelings


Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

When I'm really happy,
I smile and laugh and play.
When I'm really happy,
It's a very good day.

When I'm really sad,
I cry and tell my mum.
We always talk together,
Then happy times can come.

When I'm really nervous,
I'm brave and carry on.
I say, "I can do it!"
Until my nerves are gone.

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.





1-2/ Activity 2

Look at the pictures. How does the girl feel ?

My Feelings



Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

When I'm really happy,
I smile and laugh and play.
When I'm really happy,
It's a very good day.

When I'm really sad,
I cry and tell my mum.
We always talk together,
Then happy times can come.

When I'm really nervous,
I'm brave and carry on.
I say, "I can do it!"
Until my nerves are gone.

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

1-3/ Activity 3

Read again and match :

1. play	-----	• a- happy
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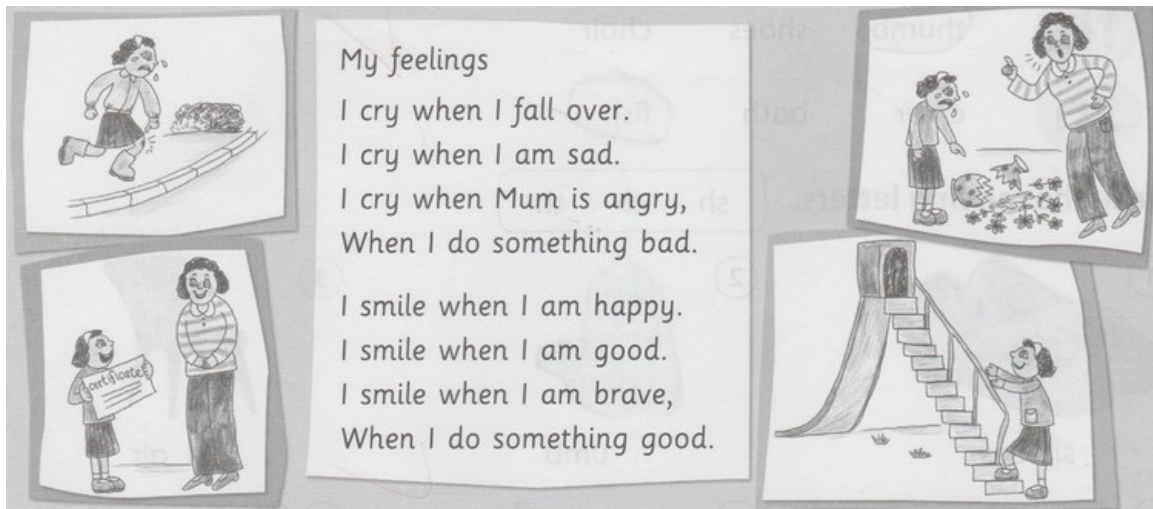
2. cry
3. laugh
4. be brave and carry on
5. smile

- b- nervous
- c- sad

II- Practice

2-1/ Exercise 1

Read :



2-2/ Exercise 2

Write the words in the correct boxes :

happy - sad - angry - brave - bad - good



2-3/ Exercise 3

Read again and write True or False :

- I cry when I am happy : _____

- I smile when I do something good : _____
- I cry when I am sad : _____
- I smile when Mum is angry : _____
- I smile when I am brave : _____
- I cry when I do something good : _____

