

## Summary

### I- Activities

1-1/ Activity 1

1-2/ Activity 2

1-3/ Activity 3

### II- Practice

2-1/ Exercise 1

2-2/ Exercise 2

2-3/ Exercise 3

### I- Activities

1-1/ Activity 1

Read and listen to the poem :

**My Feelings**

Sometimes I am happy.  
Sometimes I am sad.  
Sometimes I am nervous.  
But I am never bad.

When I'm really happy,  
I smile and laugh and play.  
When I'm really happy,  
It's a very good day.

When I'm really sad,  
I cry and tell my mum.  
We always talk together,  
Then happy times can come.

When I'm really nervous,  
I'm brave and carry on.  
I say, "I can do it!"  
Until my nerves are gone.

Sometimes I am happy.  
Sometimes I am sad.  
Sometimes I am nervous.  
But I am never bad.



1-2/ Activity 2

Look at the pictures. How does the girl feel ?

**My Feelings**

Sometimes I am happy.  
Sometimes I am sad.  
Sometimes I am nervous.  
But I am never bad.

When I'm really happy,  
I smile and laugh and play.  
When I'm really happy,  
It's a very good day.

When I'm really sad,  
I cry and tell my mum.  
We always talk together,  
Then happy times can come.

When I'm really nervous,  
I'm brave and carry on.  
I say, "I can do it!"  
Until my nerves are gone.

Sometimes I am happy.  
Sometimes I am sad.  
Sometimes I am nervous.  
But I am never bad.



### 1-3/ Activity 3

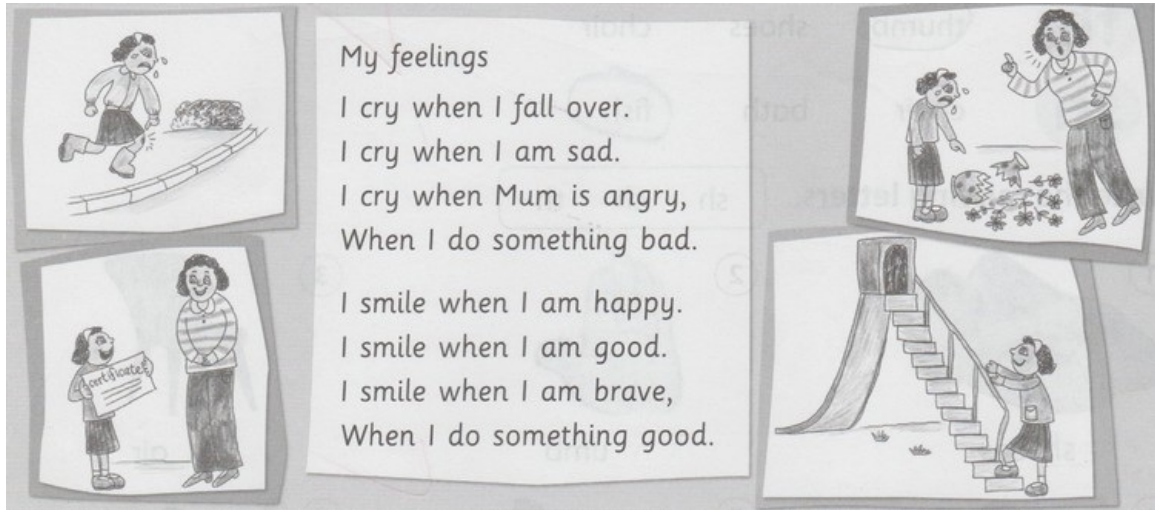
Read again and match :

<ol style="list-style-type: none"> <li>1. play</li> <li>2. cry</li> <li>3. laugh</li> <li>4. be brave and carry on</li> <li>5. smile</li> </ol>	-----	<ul style="list-style-type: none"> <li>• a- happy</li> <li>• b- nervous</li> <li>• c- sad</li> </ul>
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## II- Practice

### 2-1/ Exercise 1



Read :



## 2-2/ Exercise 2

Write the words in the correct boxes :

happy - sad - angry - brave - bad - good

	
<p>_____</p> <p>_____</p> <p>_____</p>	<p>_____</p> <p>_____</p> <p>_____</p>

## 2-3/ Exercise 3

Read again and write True or False :

- I cry when I am happy : \_\_\_\_\_
- I smile when I do something good : \_\_\_\_\_
- I cry when I am sad : \_\_\_\_\_
- I smile when Mum is angry : \_\_\_\_\_
- I smile when I am brave : \_\_\_\_\_
- I cry when I do something good : \_\_\_\_\_



### My feelings

I cry when I fall over.  
I cry when I am sad.  
I cry when Mum is angry,  
When I do something bad.



I smile when I am happy.  
I smile when I am good.  
I smile when I am brave,  
When I do something good.

